



An intimate, modern luxury spa nestled inside Hotel Alessandra, Spa by Alessandra is perfect for a midday escape or a full day of pampering.

### **“Healthy Hour” Packages**

Spa by Alessandra introduces the “Healthy Hour” for you to easily recharge, revitalize your work day and nourish your body, mind and spirit. These packaged treatments are only available Monday-Friday and are ideal for anyone feeling time-pressed. Each Healthy Hour includes your choice of the following treatments and a delicious gourmet lunch to-go from Lucienne.

#### **Healthy Hour *Belle***

A comprehensive Hydrafacial treatment that utilizes a patented serum delivery system that boasts instant, amazing and long-lasting results, a 30-minute targeted massage and lunch. 60 minutes \$225

#### **Healthy Hour *Autre***

Breathe deep and enjoy a 30-minute focused massage, concentrating on either your back, neck and shoulders *or* your legs and feet, a scalp massage, a hand *or* foot treatment and lunch. 60 minutes \$135

#### **Lucienne menu options**

**Cobb Salad with your choice of dressing**

**Caesar salad with parmesan cheese, egg and anchovies**

**Chicken Panini with your choice of side salad or fruit**

**B.L.T. with your choice of side salad or fruit**



## **Packages**

### **Petit Plaisir**

For the time pressed or for basic maintenance, our 45-minute HydraFacial rejuvenates and instantly restores with a series of potent hydrating and antioxidant infused serums. A dreamy 30-minute massage focused on the scalp, neck, shoulders and back completes this luxe spa experience. 75 minutes \$260

### **Pour le Voyageur**

Refresh and relax your aching feet after a long day of work and travel with a targeted 30-minute massage exclusively for feet and legs. Then, revive a travel weary complexion with an accompanying 45-minute HydraFacial that stimulates cell turnover, plumps fine lines and leaves you glowing for the rest of your journey. 75 minutes \$260

### **Spalessandra**

A full hour of HydraFacial pampering that includes deep pore cleansing, light chemical and mechanical exfoliation, ultra-concentrated nourishing serums and an appropriate Facial Enhancement followed by LED light therapy. A 60-minute massage, including the enhancement of your choice, complete this signature service. 120 minutes \$375

### **Le Meilleur**

“The Best” package is a complete head-to-toe renewal. A 75-minute HydraFacial that incorporates all the hydrating and plumping properties HydraFacial is known for, plus lymphatic drainage, red and blue LED therapy, a gentle facial massage and an appropriate Facial Enhancement. This package is concluded with a blissful 90-minute massage, custom tailored for you. Includes one Body Enhancement of your choice. 2 hours 45 minutes \$565

### **Hydrafacial Enhancements \$50 each**

*Dermabuilder* (peptide plumping serum)

*CTGF* (growth factor serum)

*Britenol* (vitamin-c brightening serum)

### **Body Enhancements**

FlashMasque Treatment \$15

FlashPatch Eye Treatment \$10

FlashPatch Lip Treatment \$10

Hand Treatment \$25

Scalp Massage \$25

Foot Treatment \$25

Body Brushing \$30

Warm Stones \$30



## **Facial Treatments**

### **Alessandra HydraFacial**

We adore the hydrating, restorative and deep cleansing ability of the patented HydraFacial three-step system. We utilize gentle serums that cleanse + peel, then extract + hydrate with hyaluronic acid and intense moisture. Finally, we fuse + protect with 12 antioxidants and peptides for an immediately renewed, refreshed and glowing complexion. 45 minutes \$175

### **Alessandra Signature HydraFacial**

One luxurious step above our basic Alessandra hydrafacial, this is an exfoliating, re-hydrating and nourishing treatment utilizing a unique serum delivery system that boasts instant, amazing and long-lasting results. This signature facial also includes additional extractions or massage and red or blue LED light therapy. 60 minutes \$225

### **Alessandra All-Inclusive HydraFacial**

This is the answer to all your skincare needs. Completely renew your skin with this ultimate revitalizing and hydrating facial. This extended treatment introduces lymphatic drainage, red and blue LED therapy, and massage in addition to the initial 3 step core Hydrafacial. Includes one Facial Enhancement of your choice. 75 minutes \$325

### **Monsieur Hydrafacial**

Our most popular effective, gentle and results driven treatment...just for men. This facial includes cleansing, exfoliation, Vortex extractions, a hydrating fusion of hyaluronic acid, antioxidants + peptides and neck massage. 30 minutes \$160



### **Classic Custom European Facial**

Enjoy Spa by Alessandra's iteration of this spa staple. After we thoughtfully select products appropriate for your skin type and needs-this expert hands-on pampering includes deep steam cleansing, exfoliation, pore extractions (only 60 min+) followed by a luxe facial massage. A treatment mask, neck, shoulder and décolleté massage complete this timeless spa treatment.  
30 minutes \$85 60 minutes \$165 90 minutes \$250

### **Waxing**

<b>Bikini</b>	\$50+	<b>Lip</b>	\$20
<b>Brazilian</b>	\$75+	<b>Chin</b>	\$20
<b>Underarm</b>	\$25	<b>Full face</b>	\$60
<b>Eyebrow</b>	\$25	<b>Leg Half/Full</b>	\$55/\$95

### **Alessandra Coifferie**

Hair and Makeup services available upon request, 24 hour notice desired.

<b>Blowout</b>	\$125
<b>Braid/Messy Updo</b>	\$125
<b>Formal Updo</b>	\$140
<b>Makeup</b>	\$150



## ***Seasonal Body Treatments***

Wrap yourself in decadence with a youth enhancing, detoxifying body wrap. Skin can suffer from changes in climate due to travel and weather. To remedy this, we have a variety of focused treatments to choose from that will not only restore tired skin and restore a youthful glow, we can also minimize the appearance of cellulite and help slim your physique. 60 minutes \$185

## ***Massage Treatments***

### **Alessandra All-Inclusive Massage**

Beginning with one of our exclusive aromatherapy blends, our decadent custom massage allows our seasoned therapists to choose the modality that will best suit your needs. Let us know what ails you and we'll take care of the rest. 60 minutes \$150 90 minutes \$240

### **Mere Jolie Massage**

Our prenatal massage is available for mothers that have surpassed the first trimester. It's exactly what a mother needs to prepare for the big day. 60 minutes \$150

### **Upper Body Massage**

Focusing on the scalp, neck, shoulders and back, this is a targeted treatment to relieve tension and restore balance. 30 minutes \$85

### **Foot and Leg Massage**

Travel can be exhausting and can take its toll on your legs and feet. This is a focused massage to increase circulation and awaken tired limbs. 30 minutes \$85